WHY TREATMENT ABROAD COULD BE RIGHT FOR YOU

Will the NHS fund Treatment Abroad?

Working out the cost

Choosing a clinic or surgeon

What if something goes wrong?

FOCUS ON...

- Fertility treatment abroad
- Cosmetic surgery abroad
- Dental treatment abroad
- Destination Spain
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Welcome

Travelling to another country for medical treatment, dental procedures or cosmetic surgery is becoming increasingly popular. Private treatment in Western Europe, the USA and other developed countries is expensive and many patients now use the internet to search out less expensive high quality healthcare abroad.

Some patients combine their treatment with a holiday or a short break in traditional holiday destinations such as Turkey, Greece or Spain, or cities such as Budapest, Warsaw or Prague. Some UK medical tourists are looking further afield too, booking treatment in India, Thailand or other countries in South East Asia.

The main areas for treatment abroad for UK patients are cosmetic surgery, obesity surgery and IVF treatment. Dentistry is also in demand: the reduction in NHS dental services has forced many people to seek dental treatment abroad just so that they can afford the work that they need. Countries such as Poland and Hungary offer significant savings on treatments such as dental implants and cosmetic dentistry. The cost of UK fertility treatment, and the restrictions on NHS provision, is also leading to many couples seeking fertility treatment as medical tourists.

Despite the many obvious advantages of treatment abroad, there are still a number of concerns for patients travelling to another country for medical treatment, such as:

- What will the conditions be like in another country?
- Will the surgeon or dentist be suitably qualified?
- Where can I get the best deal without compromising my care?
- Is treatment abroad right for me and can it offer the treatment I need?

We’ve put together this guide to Treatment Abroad to answer all of these questions and more, taking you step by step through the medical tourism process using the experience gained through operating the Treatment Abroad website at www.treatmentabroad.com. The site provides extensive background information on popular healthcare destinations and details the healthcare services available, the standards of training and accreditation of medical personnel and provides a wealth of other useful information, such as travel availability, accommodation, local culture and places of interest to visit.

Keith Pollard
Managing Editor
S
et between two seas – the Mediterranean and the Mar Menor - The Region of Murcia is located in south east of Spain, between Andalucía and Alicante, and is a land that combines nature at its purest. From the sea, traditions and heritage to gastronomy and leisure, Murcia is the perfect place to combine medical treatment with a holiday and health treatments.

The privileged climate of the area, with an average temperature of 19°C and 300 days of sunshine a year, enables the streets and squares to be enjoyed in the warm winter sun of this Mediterranean land. As a health region for centuries, Murcia is also the perfect place to relax and heal body and mind.

Did you know?
Spain has the highest life expectancy of any European country and its health care system is 7th in the world in terms of quality. Its medical schools are of the highest quality in terms of training and innovation and Spain is one of the top three countries in the world offering Hydrology rehabilitation, using mineral, marine and drinking water for medical treatment.

Get back to full health in Murcia
Ancient Roman and Arab civilizations chose Murcia for the goodness of its waters and its climate, in a land where the sun and light are present for more than 2,800 hours a year. From its natural sea springs to the mud of Mar Menor, its healing properties are well-known.

The Region of Murcia is home to Costa Calida Cares, a private association of spas, thalassotherapy centers, hospitals and service companies. Its multi-disciplinary and multi-lingual teams accompany patients before, during and after their stay. In addition, Imar Tours, its travel agency and Holiday & Health, its own full services medical company, both will advise and help solve any needs that patients may have, restoring confidence and ensuring their stay is stress-free.

The hospitals: Quality and innovation throughout
Hospital Mesa del Castillo (headquarters of the Urological Corporation multi-disciplinary Mediterranean team), Hospital de Molina (a top 20 Spanish hospital) and Virgin of Charity Medical Center (with professional international recognition in facial surgery rejuvenating and nose, functional and aesthetic rhinoplasty).

The three private hospitals are located in Murcia and Cartagena and are accredited by the Spanish health system. They have different European quality certifications (ISO 9001, ISO 14001 and UNE 179003) and the medical team is recognised by the Professional College of Physicians.

Each hospital has a wide range of specialties and medical treatment, with the most modern systems and the most advanced technical innovation. Replacement hip, knee, shoulder surgery, dental treatment, diagnostic tests, second opinion, general or specific checks, urology, breast unit and oncology, plastic surgery, fertility to name a few.

The Spas: Everything for wellbeing
There are a wide range of establishments depending on patient needs.

Hydrologists Medical establishments: Treatments by specialist physicians with mineral and marine waters, sludge applications.

Specialties: include orthopedic rehabilitation, respiratory rehabilitation, rheumatism, arthritis, arthrosis, skin problems, detox, stress, anxiety.

Establishments with medical staff:
- Centro Vital Agua Salinas. Located on the seafront, facing Mar Menor.
- Hotel Lodomar 4* Spa & Thalasotherapy - Facing the Regional Natural Park of the Salinas de San Pedro del Pinatar.
- Balneario Archena: Hot Spring Water resort, two 4* hotels & one 3* located in Archena.
- Hotel Thalasia 4* medical spa and thalasotherapy. Located on the coast, opposite the Regional Natural Park of the Salinas de San Pedro del Pinatar.

Spas:
- Hotel Puerto Juan Montiel 4* Spa & Marina, located on the coast in Aguilas with its own seaport.
- Intercontinental 5* Mar Menor Golf Resort & Spa, located near the Costa del Mar Menor & Nicklaus Golf Trail with six golf courses.
- The Manga Club 5* Resort Golf & Spa, located on the Mediterranean coast, with three golf courses.

Rehabilitation in the sunlight at a spa or hospital, the choice is yours
Patients can undergo their treatment in a Costa Calida Cares hospital before following a rehabilitation and recovery programme at one of its seven specialised health spas. Alternatively, many patients opt to combine their holiday with a specific rehabilitation treatment, tailored to their needs.

Costa Calida Cares offers a flexible platform for you to choose your health or medical treatments and accommodation, without waiting lists and with qualified professionals and at fantastic prices - we are here for you - contact us!

Visit www.costacalidacares.com for more details
DISCOVER THE REGION

Mar Menor Muds
Due to the particular weather conditions of the Mar Menor, which has a great number of hours of sun a year and high salinity levels, some muds suitable for therapeutical treatments have been stocked for centuries at the northern end of the lagoon. The latest studies by Universidad de Murcia show that these sediments have a high percentage of cations, calcium, magnesium, potassium and fluoride, as well as anions, chloride and sulphate in well over expected levels. If you suffer from bone and joint pains, go to the muds of Las Salinas in Lo Pagán and try the well-known ‘Mar Menor muds’. Due to sedimentation, on the sand and at the bottom of this small sea there are some muds with a great power of absorption, mineralising action and healing effect. They make good skin treatments and can be therapeutic for cases of rheumatism, arthritis, gout and rehabilitation after bone fracture, as well as being used as an anti-inflammatory.

22 golf courses to choose
The Region of Murcia has become one of the favourite destinations for golf enthusiasts and professional golfers. In a working radius of 35 kilometres, you can find 22 quality golf courses designed by renowned international players.

Melting Pot
Ancient civilisations have passed through Cartagena, Murcia and Lorca, leaving a legacy of incalculable artistic and heritage value, including religious buildings, archaeological sites, monuments, museums. Far beyond the bigger cities, every village, every corner of the Region of Murcia hides traces of its history.

Caravaca is one of the five Holy Cities of the world; a goal for pilgrims and an old Templars place. It is difficult to find such a magnetic and welcoming atmosphere anywhere else.

Mediterranean Cuisine
The peculiar geography of the region enables visitors to try many specialities. The best vegetables of the huerta (garden) are part of the Mediterranean diet, which combines tradition al dishes with avant-garde signature cuisine, all of which are full of flavour. Fruit candies, candied fruit and honey are where the most delicate aromas of these fields are noted.

Wine routes of Bullas, Jumilla and Yecla
The Region of Murcia is perfect for wine lovers, with three denominations of origin, Bullas, Jumilla and Yecla, where the Monastrell (or Mourvèdre) is the star. Visitors can immerse themselves in wineries, wonderful natural landscapes and historical monuments to make up an unforgettable experience.

Nature
Do you like nature? Then the Region of Murcia is for you, authentic without artificial, and as natural as you. As clear as the water, as solid as the earth and enveloping like the air. The sun illuminates its varied and beautiful landscapes, ranging from the high mountains in the north west to the coastal paths. Places where you can enjoy all kinds of leisure activities, as well as water sports throughout the year.
For more information visit www.murciaturistica.es
Will the NHS fund treatment abroad?

As a UK citizen and whilst the UK remains a member of the European Union, you have a right in certain circumstances and under certain conditions to seek treatment in other European states and for the cost of this treatment to be reimbursed by the NHS.
Mr G developed carpal tunnel syndrome in his right hand, and was put on a waiting list in his local primary care trust. He expected to receive surgical treatment within 18 weeks, but various delays and an administrative error meant that he still did not have a definite date for his surgery five months later and his condition had worsened to such an extent that he was now on long-term sick leave.

He found a hospital in the Netherlands willing to do the surgery within 10 days and applied for authorisation under the Directive route. His treatment was authorised because he had experienced an ‘undue delay’ according to the judgement of his GP.

Further information
See NHS Choices - Travelling to Europe for medical treatment at www.nhs.uk/NHSChoices/InternationalTravel/Pages/Introduction.aspx
Checking out the surgeon or dentist

Putting your health in the hands of a medical practitioner in another country may seem like a daunting prospect, but every country will have its own standards and safeguards. You should check the qualifications and credentials of any doctor or dentist before you book with them.

This means doing your research. Firstly you should seek out the licensing, accreditations and professional associations that exist in your chosen country. For example, in the UK, we have the General Medical Council (GMC), the British Association of Plastic, Reconstructive and Aesthetic Surgeons (BAPRAS) the General Dental Council (GDC) and the British Academy of Cosmetic Dentistry (BACD). You can find out the equivalent bodies in your chosen country by consulting the country specific pages at www.treatmentabroad.com.

Your chosen doctor or dentist should be happy to show you their credentials, and you should be able to independently verify these with the national body. If they are unwilling to prove their qualifications, licences or memberships, you should move on to another practitioner who will.

Look for professional memberships

Often, surgeons and dentists working abroad will have trained and qualified in the UK, and will be listed as members of the appropriate UK associations, such as the GMC or BAPRAS. Others may hold international memberships, such as the International Society of Aesthetic Plastic Surgery (ISAPS) or the European Association of Plastic Surgeons (EURAPS). Cosmetic surgeons trained in the USA may be members of the American Society of Plastic Surgeons (ASPS).

While qualifications, registrations and association memberships do not guarantee the skill of your surgeon or dentist or the quality of their work, they do confirm a commitment to national and international standards and practices. You may only need to check out the qualifications and credentials of the main dentist, surgeon or consultant: high quality professionals will usually only work with good anaesthetists and staff in clean, safe, well-equipped clinics.

Questions to ask a surgeon or dentist

Wherever you are planning to have treatment, it is important that you understand your procedure in detail so that you know what to expect. You need to feel confident in the clinic and surgeon who will be treating you, so ask as many questions as you need to. Any high quality clinic will be pleased to help put your mind at rest.

One question to ask is if initial consultations and follow up care can be provided in the UK. Some doctors come to the UK periodically to visit patients, while others have links with UK based clinics who will undertake consultations and aftercare.

Don’t forget to ask

- What professional memberships, training and qualifications do they hold?
- How can these be independently verified?
- How often have the surgeon and anaesthetist worked together before?
- How often do they perform this procedure?
- Will the anaesthetist perform a pre-op and a post-op evaluation?
- How much recovery time does the procedure entail?
- How long will you be hospitalised?
- Do they recommend that you are accompanied by a companion?
- How soon after the operation can you fly home?

Make sure that you meet your surgeon before the operation takes place. You may be in your destination by then, but you must have the chance to talk to them in advance to ask any questions you may have. It helps to write your questions down so that you don’t forget to ask anything on the day.
Excellence in Dental Art, a good reason to visit Athens

Expertise
“EX.in.D.A.” is an initiative of pioneer dentists, dental technologists who use cutting-edge technology and a business consultancy firm. The participants complement each other’s skills and knowledge, aiming at providing the kind of personalized care you are looking for, and supplying all the information you need to ensure a successful and healthy outcome.

Continuing professional development
One of the common characteristics of all members of “EX.in.D.A.” is that all of them embrace lifelong learning and are constantly challenging themselves to learn more and expand their skills.

Integrated quality solutions
Our multispecialty team of dentists and medical professionals work together to provide you customized solutions. They are all interested in you and your concerns and are working hard to ensure your health and welfare.

High quality dental services in Athens cost up to 50% less than in USA, Canada, Australia, U.K. and North Europe.

www.exinda.dental / info@exinda.dental

Treatments
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- ROOT CANALS
- CROWNS - BRIDGES
- IMPLANTS
- IMPLANT RESTORATIONS
- RESTORATION OF COMPLETE EDENTULISM WITH IMPLANTS
- REMOVABLE DENTURES AND IMPLANTS
- SLEEP APNEA
- VENEERS
- PREPLESS VENEERS / MINI VENEERS
- TOOTH WHITENING
- ESTHETIC COMPOSITE FILLINGS
Medical tourism offers the advantages of saving money and getting the treatment you need without waiting, while at the same time giving you the opportunity to experience a different country. The medical tourism market is expanding all the time, as political and economic situations change across the world. New destinations often provide highly competitive prices to help them break into the market.

However, it is not for everyone and you need to think carefully about the positives and negatives before you decide to go ahead. You need to consider a number of factors, including being away from your home and family at an especially vulnerable time. If you do feel it could be right for you, then there are a number of things to consider.

To help you make an informed decision, you need to get as much information as possible. You can find out about treatment abroad in many different ways, including:

- Read reviews of different countries and clinics on the internet, and on sites such as Treatment Abroad (www.treatmentabroad.com) and Medical Tourism Reviews (http://reviews.treatmentabroad.com).
- Talk to people who have travelled abroad for treatment and ask about their experiences, both positive and negative.
- Look out for reports in the media covering the experiences of the medical tourism patient.
- Look out for exhibitions on medical tourism, such as the Health Tourism Show, held annually at London’s Olympia exhibition centre.

What to consider when planning treatment abroad

To make an informed decision, it is important to find out as much as you can about the treatment or surgery you are planning to have abroad. This will help you to understand the services on offer at different clinics, and how appropriate it is to travel to your chosen country for your treatment.

To help you make the right choice, you should consider:

- How long do you want to go away for and how far are you prepared to travel?
- Will you be comfortable on a long flight with your condition, or with flying just a couple of weeks after surgery? Would your doctor deem you fit to travel and
not running a high risk of DVT (Deep Vein Thrombosis)?

- Will you have to go alone, or will a close friend or family member be able to accompany you?
- Can you be flexible with your schedule if you have to stay longer due to complications?
- Does your treatment normally require follow ups or further treatment, requiring further travel? Or is this follow up care available at home?
- What are your personal priorities and is the lowest price more important than the highest quality?

Compare like for like

Compare all providers on a like for like basis, looking at not only treatment costs and availability, but also the cost of travel and accommodation, the qualifications and experience of the staff and the standard of facilities at the clinic. You can compare prices and assess the services, treatments, costs and staff credentials of different providers in different countries by using the Treatment Abroad website at www.treatmentabroad.com.

It is important to remember that however tantalising the idea of having your treatment in an exotic country like Thailand or South Africa may sound, you should never let the allure of a destination become more important than the quality and safety levels for your chosen treatment in that country.

Choosing your medical tourism destination

The medical tourism market has grown rapidly in recent years, giving you a huge number of countries and clinics to choose from, ranging from nearby European cities to more exotic destinations half way round the world. Each has its advantages and its drawbacks, so it is important that you do your research thoroughly before making your choice.

Each country has different standards, costs and areas of expertise. For example, within Europe, Poland and Hungary have an excellent reputation for low cost dentistry. Spain offers specialist fertility treatments, while Belgium is known for affordable obesity surgery. And you do not have to restrict yourself to Europe. Even with the price of flights and accommodation in exotic places such as Malaysia and Thailand, the savings on your treatment costs can still be enough to make the whole trip cheaper than having the same procedure in the UK.

Factors to consider when choosing your destination include:

- Is your chosen procedure available in that country?
- What are the safety standards like and how rigorously are they enforced?
- How much does it cost to get there and how long is the flight?
- What are the local costs, such as meals, transport and hotels?
- How easy is it to travel around, and how safe is it to do so?
- When is the country’s high season, and when is it cheaper to travel there?
- What is the country’s weather like and when is it most comfortable to visit?
- Is English widely spoken and are you likely to be understood?

Choosing a clinic

Once you have chosen your country, there are two routes to finding a clinic. Either you can research the available clinics yourself, using the internet or by calling them directly, or you can use a medical tourism broker (or agency or facilitator), who may find the most appropriate clinics for you, as well as arranging all your travel and accommodation.

If you are going directly to the hospitals and clinics, you need to find out as much information about the healthcare provider as possible. Ask for any literature and brochures they have, as well as details of the background and qualifications of the consultants, surgeons and medical staff. You should also find out as much as you can about the clinic from independent sources, such as online forums and independent review sites.
Fertility treatment abroad

Many factors are encouraging infertile couples to seek fertility treatment in another country. The high cost of infertility treatment, a shortage of donor eggs and donor sperm, restrictions on eligibility and legal issues are some of the reasons why the overseas option becomes attractive.

Within Europe, the European Society of Human Reproduction and Embryology (ESHRE) works with members to promote higher standards and safety in clinical practice, keeping fertility clinics informed of all the latest research and developments in the field. ESHRE publishes a Good Practice Guide for fertility clinics that treat patients from other countries.

Choosing a clinic

In your initial decision-making process about the type and location of the fertility clinics you want to consider, you may find it useful to follow our general guidelines on comparing fertility clinics. An important part of this process involves deciding whether you will have fertility treatment close to home or whether you will travel abroad for treatment, either for cost reasons, or because you want to combine your treatment with a holiday.

You may want to compare different clinics within one particular country, or to look at a range of fertility clinics in different locations abroad that offer the fertility treatments you want.

Go with your gut feeling

When comparing fertility clinics, your ‘gut feeling’ about a clinic can be as important as the technical or financial details. Feeling positive about a clinic will make your fertility treatment less stressful and easier to cope with – and if you are less stressed, your chances of conception will be maximised.

When comparing fertility clinics abroad, speak directly to a member of the team that will be handling your treatment. In particular, you need to find out if there are any cultural or language barriers that may cause problems or that may leave you feeling isolated.

You may not be able to visit but you can phone or email a fertility clinic, whether it is 300 or 3,000 miles away. The way the clinic deals with your enquiry will give a good indication of the approach you can expect when you arrive.

Essential checks

In addition to comparing clinic credentials, you should also check the qualifications and experience of the specialists and other staff when comparing clinics. Many overseas gynaecologists will have trained in leading hospitals in the UK, USA or Europe and will have verifiable international qualifications. Staff should be happy to tell you about their qualifications and experience, as well as any specialist skills or training they have.

Comparing fertility clinics by their success rates

The success rates for fertility treatment vary according to the nature of the infertility problem, the procedure used and the age and health of the partners or donors.

However, the skills and experience of the specialist and their team will also have an effect, so you should always look at success rates of individual treatments when comparing fertility clinics. Most clinics will publish their success rates for the different treatments they offer. You should always exercise caution when directly comparing fertility clinics on success rates to ensure you are comparing like with like.

For example, a fertility clinic that treats only certain conditions, and limits treatment to younger women, will naturally have a higher success rate than one that tackles more challenging problems or serves a wider age range. Always check that the statistics quoted apply to your treatment and your age group.

Success rates for fertility treatments are measured in a number of ways, and the more specific the data, the more useful it will be in helping you choose your fertility clinic.

Most fertility clinics will have a headline success rate, usually expressed as the number or percentage of live births per fertility treatment cycle. This can then be broken down into success rates for individual treatments, such as in vitro fertilisation (IVF) or intracytoplasmic sperm injection (ICSI), and success rates for different client groups, such as age ranges or infertility problems.

Another available measure of success rates may be that of clinical pregnancies achieved per fertility treatment cycle. This is a measure of the number of women who became pregnant, with a detectable fetal heartbeat. These data, however, do not always accurately represent the success rates for live births, as problems may occur later in the pregnancy.

One of the biggest factors affecting success rates of fertility treatments is age. However, it is important to note that this is the age of the eggs, not the mother, so if you are using donor eggs, your own age is less relevant.

Success rates will also be affected by the complexity of your infertility problems and the techniques used to overcome them. Fertility clinics that only perform simple treatments on selected age groups will have higher success rates than clinics who take on more challenging patients. Clinics that treat fertile women with donor sperm will have significantly higher success rates, for example, than fertility clinics that specialise in using surgical sperm retrieval techniques to treat male infertility, as there are far fewer obstacles to overcome.

Even the most accurately calculated success rates are just a statistical average, and every client is an individual with their own unique characteristics. A success rate of 20%, for example, does not automatically mean that you are guaranteed to get pregnant within five cycles; however it does mean continued on page 15
MEMORIAL HOSPITALS GROUP

International Infertility Clinic Of The Year

7000 cycles per year

2420 international IVF patients from 36 countries

Success rate of 65% (in most productive age-group)

International reference center for IVF

Memorial IVF, Andrology and Genetics Center provides top quality service with its experienced team, strong infrastructure and modern treatment methods.

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Typical costs of IVF treatment abroad

The cost of infertility treatment abroad varies widely across the world, from up to £5,000 per IVF cycle in the United States, to as low as £1,600 in the Czech Republic and Latvia. On average, IVF treatment in the major infertility treatment destinations costs between £2,000 to £4,000 per cycle.

Typical cost of a single cycle of IVF:

<table>
<thead>
<tr>
<th>Country</th>
<th>GBP</th>
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<tbody>
<tr>
<td>Barbados</td>
<td>£3,800</td>
</tr>
<tr>
<td>Czech</td>
<td>£1,180</td>
</tr>
<tr>
<td>Greece</td>
<td>£2,025</td>
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<tr>
<td>Hungary</td>
<td>£1,500</td>
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<tr>
<td>India</td>
<td>£2,500</td>
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<td>Russia</td>
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<tr>
<td>Spain</td>
<td>£3,500</td>
</tr>
<tr>
<td>Turkey</td>
<td>£1,875</td>
</tr>
<tr>
<td>Ukraine</td>
<td>£2,000</td>
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</tbody>
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including consultation costs

In addition to this cost, you will normally have to pay for hormonal treatment that is used to promote the production of multiple eggs for in vitro fertilisation. Again, these will vary in price, from as little as £400 in Turkey to over £2,000 in Canada.

If you are using donor eggs or sperm this will add extra costs to your treatment. Donor sperm is significantly cheaper than donor eggs, since the process of retrieval is so much simpler and does not require fertility drugs or complex harvesting techniques. Donor sperm can cost as little as £200 whereas donor eggs, including medication and treatment, can add upwards of £1,300 to your bill.
that it is statistically likely that this will happen. You can compare rates on Fertility Treatment Abroad (www.fertilitytreatmentabroad.com)

Comparing fertility clinics by their reputation
Since fertility treatment is such a personal and emotive procedure, it can be difficult to compare clinics by raw statistics, qualifications and services alone. The experience you have at the clinic can be just as important as the treatment itself, so it is important to ask to see testimonials when comparing fertility clinics.

The experiences of other women and couples, in similar situations to your own, can be invaluable in giving you an insight into the way the clinic operates and how they make their clients feel. Naturally, fertility clinics will only show you their positive feedback, but a few minutes’ searching online will soon tell you if there are any negative reviews too.

Take a look at the fertility clinic reviews on Medical Tourism Reviews (reviews.treatmentabroad.com) and use forums such as those on Fertility Friends (www.fertilityfriends.co.uk/) and Fertility Zone (www.fertilityzone.co.uk/) to learn from other people’s experiences.

Legal and ethical issues
Fertility treatment can be a minefield of legal and ethical issues. These vary from country to country, but also by religious beliefs within those countries. Something that is permissible in one country may be banned outright in another. Once you have decided on which fertility treatment you need, a good first step is to check which countries allow the process you require.

Legislation comes into play at almost every stage, from whether you will be allowed fertility treatment in the first place, to how long frozen embryos may be stored following a successful treatment. For example, countries such as Turkey, China and Indonesia will only permit IVF treatment for married couples. Countries such as Spain, Sweden and the USA will allow IVF for single people and homosexual couples. Other legal and ethical issues that are regulated include:

- The use of donor sperm and eggs: anonymity is guaranteed in law for donors in Greece, but no longer allowed in the UK.
- The use and payment of surrogates: commercial surrogacy is banned in many countries but is completely legal in India.
- The in-vitro development period allowed for embryos: in many countries, embryos are allowed to develop for several days to allow selection of the healthiest candidates but in others only early embryos can be implanted.
- The selection process for embryos, including sex selection and genetic screening: pre-implantation genetic diagnosis (PGD) is banned in some countries but allowed under strict regulations in others.
- The maximum number of embryos that can be transferred: many countries have strict single embryo transfer policies, while others will leave the number of embryos implanted up to the discretion of the fertility specialist.
- The maximum storage time for frozen embryos: Spain and Canada allow unlimited storage, whereas Brazil has a limit of just three years.
- The use of frozen sperm or embryos after the death of a partner: in Iceland, frozen sperm must be destroyed when the male partner dies, but in Belgium and The Netherlands, it can be retained with written permission for future use in fertility treatment.

The cost of infertility treatment abroad
The single biggest factor that drives people to seek infertility treatment abroad is the cost. The price of infertility treatment abroad can be less than half the cost of similar treatment in your home country, even when you include the price of flights and accommodation.

There are many different aspects to the overall cost of infertility treatment, however, and it is important that you consider all of these when working out the final price and comparing infertility clinics on cost. These include:

- Cost of your initial consultation with an infertility specialist.
- Cost per cycle of in-vitro fertilisation (IVF).
- Cost of donor sperm or donor eggs for use in IVF.
- Cost of fertility drugs and hormone treatments required.
- Cost of specialist infertility treatments such as intracytoplasmic sperm injection (ICSI).
- Cost of frozen embryo storage for future frozen embryo transfer cycles.

You will also need to include the additional costs of travelling abroad, such as:

- Flights and internal transfers.
- Specialist travel and infertility treatment insurance.
- Accommodation.
- Visas and other expenses.

EmBIO Medical Center Fertility Specialist and Medical Director, Dr Thanos Paraschos, was trained at leading hospitals in the UK and enjoys an international reputation in the field.

As a member of Professor Lord Robert Winston’s team at the Hammersmith Hospital, London, he was involved in the first preimplantation genetic diagnosis in the world and pioneered a painless ultrasound-assisted embryo transfer technique that is used by scientists worldwide.

An expert in IVF, Dr Paraschos works in collaboration with Professor Kypros Nicolaides, Professor of Fetal Medicine at King’s College London.

World-class, affordable IVF treatment in Athens

• IVF £2000 • Donor egg IVF £3670 • Pregnancy success rates of up to 70% • Immediate access to treatment • State-of-the-art IVF laboratory • Cutting-edge assisted reproduction techniques • holistic, compassionate care

To find out more about how Dr Paraschos and his team can help you, please call +30 6985012234 (Mob) or +30 210 6774104, or email: paraschos@ivf-embryo.gr

Read success stories from UK fertility patients at: www.ivf-embryo.gr/en
Low treatment costs are the main reason that most people travel abroad for treatment. With prices as low as 20% of the cost of treatment in the UK, there are significant savings to be made. However, you need to be careful to include all the costs of your trip when making a comparison.

The full cost of your treatment overseas not only includes the cost of the treatment or operation, but also all of the other costs of your trip, including:

- Flights and transfers
- Hotel accommodation and meals
- Insurance*

*Standard travel insurance will not cover you for treatment overseas and so you will need to pay extra for specialist healthcare tourism insurance.

The actual cost of treatment varies widely across the world, depending on the local economy. In developing countries, such as India, or emerging Eastern European states, the cost of living is still very low. Clinics have lower operating costs and pay lower salaries than their Western European counterparts, which means they can charge less for private treatment.

**Know what you’re paying for**

When shopping around, it is important to know what is included in any treatment costs quoted, as a low headline price can soon climb if extras are added. Always ask for an all-inclusive price and make sure that you understand what exactly is included. Set prices vary from provider to provider but they typically include surgeon fees, hospital fees, medical team, hospital meals, laboratory tests, anaesthesia, implants (if required), all consultations, transfers and take home medication.

You should be clear who pays for what if something goes wrong. Will the clinic cover just the cost of further treatment, or will they pay your additional hotel and living expenses?

**Using a medical tourism agency or facilitator**

A medical tourism broker or agent will provide a complete package, including all the different elements listed, making it much easier to directly compare total treatment costs. Despite the work that they do on your behalf, it may actually work out cheaper to use a broker than to arrange the package yourself, as brokers have access to bulk deals and prices that are not available to the general public. Some brokers will provide a complete package for an all-inclusive price, including airport transfers, accommodation and sightseeing trips.

**Typical prices for treatment abroad**

The best prices for different treatments are often found in different locations. No single country has the best prices across the board. For example:

- A single cycle of fertility treatment can cost over £4,000 in the UK, but as little as £1,500 in Hungary.
- Rhinoplasty (a nose job) typically costs around £3,800 in the UK but just £1,200 in Poland.
- Dental implants can cost over £2,000 in the UK but can be found using the same high quality materials in Eastern Europe for £500.
What if something goes wrong?

All operations carry some risk and while most medical, dental, or cosmetic procedures go to plan, it is sensible to reduce your risks as far as possible.

To help things go to plan with your treatment, there are a number of simple measures you can take. These include:

• Follow instructions from your surgeon about stopping medication (and smoking) for the appropriate period before you travel for surgery.
• Plan for a suitable recovery period both while abroad and when you get home. Don’t risk your health in the rush to see the sights.
• Allow some flexibility to your schedule, and your budget, just in case. You cannot always anticipate how you will feel about flying home having had surgery.
• Know what to expect so that you understand what is normal and what is a sign that something is wrong. Your clinic should give you detailed aftercare instructions.
• Buy complications insurance.

Problems while you are away
Immediate post-op problems will usually be solved during your stay in the hospital or clinic. However, it is a very good idea to let your GP at home know that you are travelling abroad for treatment so that they can monitor your progress when you return.

Problems on your return
If problems occur once you are back in the UK you should get in touch with the surgeon or clinic straight away and follow their advice. Many clinics have links with UK private healthcare providers and will tell you where to go for assistance or further treatment.

If your clinic has no UK representatives, then you should visit your GP, or if you are having serious problems go to the Accident and Emergency department of your local hospital.

After cosmetic surgery procedures you are more likely to deal with UK medical specialists post-op. Some medical tourism providers include ongoing consultation with a UK specialist on your return to check that you are successfully healing and address any concerns you may have.

Buy medical travel insurance
Insurance for medical travellers is a developing area within medical tourism. New medical travel insurance products have begun to appear, aimed at UK based medical travellers. Products may be available from the medical tourism agency or hospital that you book with. Some medical tourism agencies and hospitals offer their own cost-over run insurance.

If you are travelling to another country for treatment or an operation, you should consider purchasing specialist travel insurance cover. Treatment Abroad provides key information on medical travel insurance products offered to consumers seeking to insure their travel for treatment abroad at www.treatmentabroad.com/services/medical-travel-insurance/get-a-quote
Treatment in Spain

With its glorious climate, spectacular scenery and fine beaches, Spain has long been a favourite destination for holidays, second homes and retirement. More recently, high quality clinics coupled with favourable prices have made Spain an important destination for medical tourists from all over Europe and internationally.

Why choose Spain?
In recent years Spain has become a popular choice for medical tourists. Many people have invested in Spanish property and own holiday homes by the coast so they can retreat to the privacy of their homes after having treatment. With excellent international travel links and a plethora of high quality clinics offering a wide variety of private medical procedures, Spain has emerged as a very popular medical tourism destination.

Spain’s multi-lingual private hospitals offer high levels of medical care and good savings can be made for cosmetic surgery and cosmetic dentistry. The typical cost for rhinoplasty (nose reshaping) in Spain is around €2,500 while a facelift would start at around €4,500.

You will find plenty of other reasons to choose Spain as a medical tourist destination. Prices are competitive, facilities are excellent and many of the surgeries and clinics are located in some of Spain’s sunniest locations so that patients can benefit from a warm and soothing environment for a relaxing recovery break after their surgery, returning home feeling well, rested and healthy.

And with top class surgeons who spend many years in training and excellent clinics, Spain offers an excellent alternative to home, allowing you to have a holiday as well as your treatment and save money.

An enthusiasm for life
The Spaniards are a nation of fun-loving people with an infectious enthusiasm for life who find no excuse for a party - there is a fiesta on almost every day of the year whether it’s to celebrate a religious event or simply the change of season. And like all of the Mediterranean countries the Spaniards place big importance on meal times, spending long leisurely lunches around the table with friends and family followed by (in the very hot regions) a siesta.

Wonderful Barcelona
Barcelona is probably Spain’s most fitted city, well known for the art nouveau design of Antonio Gaudi and the outstanding Sagrada Familia church (abandoned in 1962 but work now resumed) as well as for being at the forefront of contemporary art and architecture, hosting a plethora of art galleries and museums. In the 11th and 12th centuries religious pilgrims on their way to Santiago de Compostela travelled through Barcelona bringing French building styles with them and between 1890 and 1910 an art nouveau movement was born. Stroll along Las Ramblas then around the meandering streets of the gothic quarter and take the train to nearby seaside resort Sitges, a stylish and cosmopolitan town popular with young trend setters.

The beautiful county of the Maresme, or Barcelona Coast, stretches 50 kilometres along the coast, north of Barcelona, and south of Costa Brava. Here you will find long sandy beaches, pine woods, villages on the coast and nestling among the mountains as protection from pirates, modernista mansions where the well-to-do classes used to spend the summer. The proximity with downtown Barcelona only 18 miles away and with a train every ten minutes makes this destination very attractive for local and foreigners.

Barcelona Coast starts at Montgat, where you can find the Romanesque 11th century church of Sant Marti dating and reaches to Malgrat de Mar. The capital of the county is Mataró. Mataró has small treasures like El Rey de la Capilla de Los Dolores, Catalan Baroque jewel in the Basilica Santa Maria, and plenty of little shops such as La Confianga where you can buy sweets. Over the past hundred years, the Maresme has become one of the favourite places to live for the people of Barcelona, due to its proximity to Barcelona, mild climate, the variety of its beaches, pine woods and old fishing villages.

Sheltered from the northerly winds by the Coastal Mountain Range, which is the site of the Parc del Montnegre i el Corredor, the county has been an important centre for agriculture based on wine-growing (wines from Alella), horticulture and market gardens. For centuries, the villages on the coast devoted themselves to fishing. The main modernista buildings are to be found in Mataró, Argentona, Canet de Mar and Càldes d’Estrac (which also has an important thermal spa). As well as beautiful beaches you can find Michelin Star Restaurants, such as Sant Pau in St. Pol de Mar, or Tres Macarrons at El Masnou. There is also the international luxury Shopping Center, La Roca Village. The area hosts numerous golf clubs where you can relax.

Travelling to Spain
Major improvements have been made to road travel and intercity rail in Spain following Expo 92 in Seville and the Olympic Games in Barcelona and there is a huge choice of airlines flying to Spain from international locations. Many of the private cosmetic surgery clinics and hospitals are located in the Costa del Sol region (nearest airport Málaga) and Barcelona, which are two of the country’s busiest airports, greeting large amounts of holiday-makers each year.

Flying to Barcelona
Barcelona’s airport is called El Prat (www.barcelona-airport.com) and is located 12km from the city centre. International flights arrive and depart at Terminal A and trains leave for Plaça de Catalunya every 30 minutes. There is also a shuttle bus (Aerobús) which goes every 15 minutes to Plaça de Catalunya while a taxi to the town centre will cost approximately €20.

18
“10 fabulous days and had my three cosmetic surgeries done and also my husband’s dental implants, great job, excellent experience, and great savings.”

AMANDA (UK)
In the UK, the assessment of private clinics is the responsibility of the Care Quality Commission. Similar bodies will exist in your chosen country and they should be able to confirm your chosen clinic’s registration and the results of any recent inspections, as well as whether there have been any problems or complaints associated with the clinic.

Questions to ask a clinic or hospital

• Will the operation take place in a private hospital or at the doctor’s clinic?
• What are the back-up facilities in case of an emergency?
• What are their success rates? Do they have any clinical outcome data?
• What are their post-operative infection rates?
• What is the rate of unplanned readmissions after elective surgery?
• How long do patients usually stay in hospital?
• What happens on the first day after surgery — what aftercare and rehabilitation is provided?
• Can they provide patient testimonials, or can you speak to past patients?

Inspection reports and references

The best clinics will be proud to give you access to inspection reports and formal assessments, as they have nothing to hide. You will often find this kind of information on the clinic website, but you should always double check these claims for complete peace of mind. The clinic should also provide access to references from previous patients, or better still, put you in touch with satisfied customers that you can talk to directly. If your chosen clinic is unable or unwilling to share such information, you should move on to one that will.

How to compare different providers

Once you have decided on your procedure and selected your country, it is time to compare the different providers within that market. You will often find a number of different providers within the country or city of your choice, with certain centres specialising in different fields, such as Budapest or Warsaw for cosmetic dentistry, Spain for fertility treatment, or South Africa and South America for cosmetic surgery work.

You can compare different providers within the same country using a number of practical criteria:

• Price of the treatment
• Reputation of the surgeons
• Facilities of the clinic
• Length of stay policy
• Results of independent inspections and reports
• Infection rates and return to theatre rates
• Convenience (such as all-inclusive packages)
• Feedback from previous patients
• Personal comparisons

While practical matters are important, you should not neglect your own gut instinct and feeling about a place. The way that they deal with your enquiry and their willingness to answer all your questions will tell you a great deal about the clinic and the treatment experience you will get there.

If you have any reservations, or feel unsure about a clinic for any reason, then move on to the next one. Treatment abroad may be cheaper, but it will still cost a significant amount of money, so you need to choose somewhere that you trust and have confidence in. If any clinic tries hard sell techniques, move on straight away.

Remember, the results of your procedure, whether it’s cosmetic dentistry or a nose job, will be with you for the rest of your life, so you need to do as much research as possible and be as sure as you can be about your choice.

Hints and Tips

You can download one of our Hints and Tips guides for specific types of clinic:

• Questions to ask a dental clinic abroad: www.treatmentabroad.com/cosmetic-dentistry-abroad/resources
• Questions to ask a fertility clinic abroad: www.treatmentabroad.com/infertility-treatment-abroad/resources
• Questions to ask a cosmetic surgery clinic abroad: www.treatmentabroad.com/cosmetic-abroad/resources
Considering cosmetic surgery abroad?

Making the right choice of clinic or surgeon for cosmetic surgery abroad involves asking questions. Lots of them! The responses you receive will help you to make the right decision. If you’re not happy with the answers or the clinic avoids answering the questions below, go somewhere else. We have put together a checklist of questions to ask any clinic that is on your shortlist.

The surgeon
- Can you provide a detailed profile of the surgeon’s background and experience?
- What qualifications does the surgeon hold? Where and when did he or she train?
- To which national and international associations for plastic and cosmetic surgeons does the surgeon belong?
- What papers on cosmetic surgery has the surgeon published in respected medical journals?
- What is the level of fluency in English of the surgeon?
- Does the surgeon have any videos available online, so that I can see what he/she is like?
- Can I speak to the surgeon on the telephone or via a Skype video link?

The clinic or hospital
- What national or international accreditations does the clinic/hospital hold to allow it to operate as a clinic or hospital?
- Will I or my primary care physician receive a report on the surgery in the appropriate language?
- What is the level of fluency in English of the nurses and support staff?
- What is the post-operative infection rate at your clinic/hospital?

Quality and track record
- How many operations of this specific type does the surgeon (and/or the clinic) carry out each year? (The best cosmetic surgeons specialise in specific areas of cosmetic surgery. So, if you are going abroad for breast enlargement, you want a surgeon who does lots of these).
- What information can you provide regarding the surgeon’s or clinic’s success rates?
- What information can you provide about complication rates such as post-operative infection?
- Can I speak to any past patients from my country to find out about their experience of your clinic?
- Can you provide me with any information on patient satisfaction levels at your clinic or hospital?

The operation
- Do you have any advice sheets or literature available about the operation?
- How long will the operation take?
- Will I need to stay overnight or for several days in the clinic/hospital?
- What pre-surgery checks are required? Are these included in the price of the surgery?
- What post-surgery care is required?
- How long does the clinic recommend staying abroad, before flying home?
- What are the risks and complications associated with my operation?
- How likely are these complications?

If something goes wrong
- What back up medical facilities are available, if something goes wrong during the operation and I become seriously ill?
- What insurance does the clinic or the surgeon hold to cover malpractice or errors? Which company is it with and what is the level of cover?
- If a complication arises during my surgery, which needs further treatment, is this covered in the price?
- What kind of treatment guarantee do you provide?

Pricing and payment arrangements
- What is the total cost of the surgery, including all checks, aftercare, anaesthetics, drugs, nursing care, surgeon’s fees and clinic accommodation?
- What do I have to pay up front? What payment methods do you accept?
- What is not included in the price?
- What happens if something goes wrong (e.g. a post operative infection, a ruptured implant) and I need further treatment or another operation, after I have returned home? Who pays for this?

The implants (for breast enlargement patients)
- For breast enlargement, which implants does the surgeon use?
- Can you provide information on the rupture rate with this type of implant?
- Do you have a choice of implant?
- Does the cost vary depending on the type of implant that I choose?
Featured clinics

We take a look at some of the leading clinics across Europe. Prices are highly competitive and can be considerably lower than those found at home, allowing any treatment to be combined with a relaxing and recuperative holiday in the destination of choice. These clinics are experienced in treating overseas patients, providing support with arrangements such as accommodation. Some are also able to offer initial consultation and follow-up appointments in the UK. Visit their website or give them a call to find out what they have to offer.

Dental Care Croatia

www.dental-care-croatia.com
marina.jezina@inet.hr
Call: +385/21/360270, +385/21/360271

Why choose dental treatment with Dental Care Croatia? It is all about the “base” meaning:

Our principle and ultimate goal is perfection for each patient, every procedure includes the highest standard of care with special attention to details. This kind of individual approach to each patient, top quality materials, cutting-edge technology solutions combined with unquestioned quality is the key to an outstanding outcome.

The range of dental services offered by Dental Care Croatia is extensive, regardless of the patients’ age and previous dental condition. We specialise in dental implantology and complex aesthetic makeovers, veneers, and orthodontics plus conservative treatment, periodontology and oral surgery and stem cell treatments.

Our first-class service and a considerate approach ensure both a functional and aesthetic treatment with an overall dental rehabilitation, all in one place.

Our leading doctor is Dr. M. A. Jezina. In order to maintain the highest level of quality over the years dr M.A.Jezina has built a team of eminent experts from diverse disciplines. Our dentists insist on minimally invasive treatment procedures to preserve the maximum of the natural tooth structure, and in their work they exclusively use biocompatible materials that are entirely healthy for the body.

Whether you need advice, intervention or consultation, please don’t hesitate to contact Dental Care Croatia with full confidence.

We are particularly proud to have successfully treated the most vulnerable groups of patients over the years – movie stars, brides, and others including children, pregnant women and patients with special needs, such as diabetics. Our best recommendation are thousands of satisfied and happy patients who made Dental Care Croatia become one of the leading centers of dental medicine in Split, Croatia and further.

So, if you need dental treatment we can provide you with the best possible solution for your dental rehabilitation improved function and perfect esthetic at an optimal price.

Embryolab Fertility Clinic

www.embryolab.eu
info@embryolab.eu
International line: +302310473000
UK number: +44203 322 2292

Embryolab is one of the most advanced fertility clinics in Europe, with a team of top specialists in fertility treatment. We care for patients who are experiencing fertility problems, offer a sound diagnosis and immediate treatment and ensure they soon achieve their goal.

At Embryolab we are proud of our staff, which includes distinguished physicians and embryologists with years of combined experience in reproductive medicine and treatment of infertility. All of our clinical and lab staff are trained in well-known UK hospitals and institutions and have extensive experience of working with international couples. Ninety per cent of our patients will have a successful outcome in less than 3 embryo transfers.

IVF isn’t just about medical expertise; it’s about caring for the individual, about spending time and effort in focusing on finding solutions for each one. It’s about offering the greatest gift of life. At Embryolab, we care.

Rontis HD

www.rontishd.com
infohd@rontis.com
Old Bridge, 20300 - Loutraki, Greece
Call: + 30 2744 069520

Rontis HD is located in the city of Loutraki, a historic and cosmopolitan summer resort. In the modern and luxurious facilities patients and their companions can enjoy the care they deserve. The Dialysis Center guarantees high quality dialysis services under the signature of RONTIS SA and FRESENIUS MEDICAL CARE.

- Rontis HD uses 30 FRESENIUS 4008B and 4008S dialysis machines.
- Reverse osmosis water treatment
- Low flux and high flux polysulfone dialyzers

Rontis HD cares about the safety of patients and takes all necessary precautions for them, including:

- Central oxygen supply available to each dialysis position
- Electricity generator in case of power failure
- The Centre serves patients positive in hepatitis B in a separate room with separate dialysis machines.
- Emergency unit and private ambulance available all day, nephrologists remain in the unit during the haemodialysis procedure and are available 24 hours a day either for simple advice or for emergencies. There is also cardiological support from a specialist cardiologist.
- The nursing staff are polite, professional and helpful with long experience in dialysis.

- Carbonate dialysis solutions
- Sterilization of machines between shifts
- No filter reuse
Other clinics

### Cosmetic surgery:

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<tr>
<td>Belgium</td>
<td>Clinic BeauCare</td>
<td>Brussels</td>
<td>+32 2 756 04 03</td>
<td><a href="mailto:info@clinicbeaucare.com">info@clinicbeaucare.com</a></td>
<td><a href="http://www.clinicbeaucare.co.uk">www.clinicbeaucare.co.uk</a></td>
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<tr>
<td>Turkey</td>
<td>Clinic Center</td>
<td>Istanbul</td>
<td>+44 203 575 1039</td>
<td><a href="mailto:info@cliniccenter.co.uk">info@cliniccenter.co.uk</a></td>
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<tr>
<td>Spain</td>
<td>Ocean Clinic</td>
<td>Marbella</td>
<td>+34 951 77 55 18</td>
<td><a href="mailto:info@oceanclinic.net">info@oceanclinic.net</a></td>
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<tr>
<td>Greece</td>
<td>Kapositas Aesthetic Clinic</td>
<td>Athens</td>
<td>+30 210 640 1004</td>
<td><a href="mailto:info@kapositas.gr">info@kapositas.gr</a></td>
<td><a href="http://www.kapositas.gr">www.kapositas.gr</a></td>
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### Dental treatment:

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<td>H-Dent</td>
<td>Rovinj</td>
<td>+38 552816701</td>
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<tr>
<td>Portugal</td>
<td>GSD Dental Clinics</td>
<td>Lisbon</td>
<td>+34 915 200715</td>
<td><a href="mailto:internationalpatients@clinicbaviera.com">internationalpatients@clinicbaviera.com</a></td>
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<tr>
<td>Spain</td>
<td>ProcreaTec</td>
<td>Madrid</td>
<td>+34 0914585804</td>
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<tr>
<td>Hungary</td>
<td>Helvetic Dental Clinics</td>
<td>Budapest</td>
<td>+36 0169 01304</td>
<td><a href="mailto:managers@helvetic-clinics.eu">managers@helvetic-clinics.eu</a></td>
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<tr>
<td>Malta</td>
<td>Demajo Dental Clinic</td>
<td>Ta Xbiex</td>
<td>+356 0213 44346</td>
<td><a href="mailto:demajodental@onvol.net">demajodental@onvol.net</a></td>
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### Eye Surgery:

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<td>Clinica Baviera</td>
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<tr>
<td>France</td>
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<td>Toulouse</td>
<td>+33 095 3020309</td>
<td><a href="mailto:contact@france-surgery.com">contact@france-surgery.com</a></td>
<td><a href="http://www.france-surgery.com">www.france-surgery.com</a></td>
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<tr>
<td>Czech Republic</td>
<td>Refractive Centre Prague</td>
<td>Prague</td>
<td>+42 0224505161-4</td>
<td><a href="mailto:rcp@seznam.cz">rcp@seznam.cz</a></td>
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### Obesity surgery:

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<td>Wroclaw</td>
<td>+48 02081444254</td>
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<td>Portugal</td>
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<td>Porto</td>
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<td><a href="mailto:vteixeira@saudeatlantica.pt">vteixeira@saudeatlantica.pt</a></td>
<td><a href="http://www.portosurgicaltourism.com">www.portosurgicaltourism.com</a></td>
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<tr>
<td>Spain</td>
<td>Hospital Ceram</td>
<td>Marbella</td>
<td>+34 0952829035</td>
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### IVF:

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<td>Spain</td>
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<tr>
<td>Czech Republic</td>
<td>Iscare IVF</td>
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<tr>
<td>Cyprus</td>
<td>Dunya IVF Clinic</td>
<td>Kyrenia</td>
<td>+903928160969</td>
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### Orthopaedic surgery:

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<td>EuroMedic Healthcare</td>
<td>Dusseldorf</td>
<td>+49 21314052105</td>
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<td><a href="http://www.euromedic-care.com">www.euromedic-care.com</a></td>
</tr>
<tr>
<td>France</td>
<td>Provence Surgery</td>
<td>La Ciotat</td>
<td>+33 442606361</td>
<td><a href="mailto:info@provencesurgery.com">info@provencesurgery.com</a></td>
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<tr>
<td>Hungary</td>
<td>Budapest Medical Services</td>
<td>Telki</td>
<td>+36 203258747</td>
<td><a href="mailto:medical@budapestmedical.eu">medical@budapestmedical.eu</a></td>
<td><a href="http://www.budapestmedical.eu">www.budapestmedical.eu</a></td>
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